



**COCHISE  
COLLEGE**

**2025–2026 Cochise College Catalog Addendum**

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THE PROVISIONS OF THIS CATALOG REFLECT INFORMATION AS OF THE DATE OF PUBLICATION.

NOTICE:

The contents of this addendum supersede the content specified in the 2025-2026 catalog where noted. Contents of the 2025-2026 catalog not revised in this addendum remain in effect. The unrevised content of the 2025-2026 catalog and the revised content of this addendum are valid for the 2025-2026 academic year.

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# Areas of Study

## Advanced Behavioral Health Sciences – Certificate (Major Code – BHSA)

The Advanced Behavioral Health Sciences Certificate program is designed to provide students with a foundational study of human behavior and prepare them to assist in the care of individuals and families dealing with mental illness. Students also gain the necessary skills to respond to pediatric behavioral health patients using trauma-informed care.

### Learning Outcomes

Students who successfully complete this program will be able to do the following:

- Distinguish among the roles, functions, and responsibilities of various mental health professions.
- Assess the comprehensive bio-psycho-social needs of diverse client populations in behavioral health and social service settings.
- Implement methods to resolve current symptoms and prevent future effects of burnout, traumatic stress, and compassion fatigue.
- Manage individual cases, as part of a multidisciplinary team, in a fashion that best serves the patient and simultaneously protects the practitioner.
- Develop, implement, and document treatment plans in collaboration with a multidisciplinary team.
- Evaluate and practice evidence-based behavioral health interventions using assessment and outcome measures.
- Demonstrate ethical interpersonal and communications skills important in establishing and maintaining relationships.

### CORE CURRICULUM

BHS 150	Introduction to Behavioral Health and Social Services	4
BHS 151	Ethical, Legal, and Professional Issues in Behavioral Health and Social Services	3
BHS 152	Applied Therapeutic Communication Skills	3
BHS 153	Case Management and Clinical Documentation	3
BHS 154	Pediatric and Infant Behavioral Health Considerations	3
BHS 155	Trauma-Informed Behavioral Health Care	3
BHS 156	Advanced Interviewing Techniques	5
BHS 157	Addiction and Treatment	3
HLT 111	CPR and First Aid	1

**TOTAL CERTIFICATE REQUIREMENTS 28 CREDITS**



### DEGREE MAP

The following sequence is an example of how this program can be completed within the recommended time frame. It presumes that all course and program prerequisites have been met. Completion times may vary depending on individual circumstances. Students should consult an advisor when they plan their individual completion path using MyDegreePlan.

Program Name: Advanced Behavioral Health Sciences - Certificate

Locations Offered: Sierra Vista

First Semester: Fall

Requirement Category	Course(s)	Delivery*	Credits
Core Curriculum	BHS 150 Introduction to Behavioral Health and Social Services	CB, OL	4
Core Curriculum	BHS 151 Ethical, Legal and Professional Issues in Behavioral Health and Social Services	CB, OL	3
Core Curriculum	HLT 111 AHA CPR and First Aid	CB, OL	1
Core Curriculum	BHS 152 Applied Therapeutic Communication	CB, OL	3
Core Curriculum	BHS 153 Case Management & Clinical Documentation	F2F, OL	3

Second Semester: Spring

Requirement Category	Course(s)	Delivery*	Credits
Core Curriculum	BHS 154 Pediatric and Infant Behavioral Health Considerations	CB, OL	3
Core Curriculum	BHS 155 Trauma-Informed Behavioral Health Care	CB, OL	3
Core Curriculum	BHS 157 Addiction and Treatment	CB, OL	3
Core Curriculum	BHS 156 Advanced Interviewing Techniques	CB, OL	5

Total Credits Required: 28

Reviewed: 03/01/2025

\*Key     CB = Campus-Based (In Person or Hybrid: Requires attendance at a physical location)  
           OL = Online (Synchronous, Asynchronous, or Online Combo)

Notes:

## **Culinary Arts – Associate of Applied Science (Major Code – CUL)**

The Culinary Arts Associate of Applied Science degree provides training in the culinary arts for the purpose of direct employment in the field of professional cooking as an assistant to the chef or to the food and beverage director.

**The Culinary Arts Associate of Applied Science program is deleted effective Fall 2025. No new students are being admitted.**

## **Exercise Science, Health and Physical Education, Recreation and Wellness Associate of Arts (Major Code – HPES)**

The Exercise Science, Health and Physical Education, Recreation and Wellness Associate of Arts degree is intended for students interested in fitness, recreation, or sports, and it is designed for transfer into university degree programs in physical education teaching and/or athletic coaching. To ensure seamless transfer, students must develop their specific program of study in close coordination with a Cochise College advisor.

**Suspended Program: The Exercise Science, Health and Physical Education, Recreation and Wellness degree is inactive effective Fall 2025, and students are not currently being admitted to the program.**

# Courses

## **BHS 156 Advanced Interviewing Techniques**

This course is an advanced therapeutic communications course, with an emphasis on active listening, observation, and critical thinking when working with the mentally ill.

1 hour lecture, 4 hours clinical.

Credits

5

Prerequisite(s)

None.